

# MY CONSUMPTION



## 1 CONSUME LESS AND BUY BETTER

**Repair**, instead of buying a new smartphone, shoes, clothes.

**Reuse** by buying 2nd hand, renting or giving.

**Responsible consumption**, buying swiss made, local, transparent and food in bulk for example.

**Recycle** as much as possible (as a last option).



For adresses check the [Federation of consumers of the Romandie](#):

CLICK HERE



## 2 LEARN MORE ABOUT LABELS

As consumers, we are often lost with the different labels that exist.

Check out this website to **know more about what is behind each label**:

Labelinfo.ch



As a consumer, you have the power to decide where to invest your money and have a positive impact.

